

Seniors in Action



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Inside this issue:

- RSVP Watermelon Donation 2
- Senior Volunteer Opportunities - Immediate Need 2
- 9/11 RSVP Project Update 3
- FGP Supper & Auction Contributors 4
- FGP Supper & Auction Contributors 5
- Juanita Marshall Retires 6
- At the Senior Center 6
- Senior Center Locations 7

Foster Grandparent Speaks at United Way Campaign Kick-off



Foster Grandparent Bill Jordan addresses a crowd during the Warren County United Way kick-off on Friday, August 26 at Fountain Square Park in Bowling Green. In his first year of volunteer service, Bill spoke about the program's positive effects on his life and the lives of the children he assists.

Second Annual FGP Old Style Supper & Auction



The Foster Grandparent Program hosted its second annual Old Style Supper and Auction on Friday, August 12 at Warren East High School. More than a hundred people attended.

The event raised thousands of dollars in support of the program thanks to the kindness and generosity of many donors and volunteers. See page 4-5 for a complete list of supporters.

For additional information and updates, check us out on-line at www.casoky.org!



Wayne Campbell (above) shows off his basketball signed by UK Coach John Calipari. Wayne was one of 42 bidders who helped make the event a success.

480 Watermelons Donated; Distributed in Simpson County

Simpson County R.S.V.P. (Retired Senior Volunteers) were in action once again in September.

Community Education of Simpson County Schools received a call from Feeding America of Kentucky’s Heartland to about a sizeable donation of fresh watermelons from a South Central Kentucky farmer.

Community Education rarely turns down an opportunity to bring resources into Simpson County therefore calling in Community Action’s RSVP and Community Action Senior Center

and Community Services Coordinators to assist in facing the challenge of distributing 480 watermelons totaling 4200 pounds within 48 hours. Not surprisingly they were up for the challenge.



Franklin Senior Center Manager Misty Hollars ,with the assistance of her father, picked up the watermelons in Allen County. RSVP volunteers distributed the watermelons on site at the Franklin Housing Authority. Community Action’s Simpson County Senior Center along with Community Education Coordinators delivered watermelons throughout the county.

This project is one of many in our community that demonstrates the meaning of community collaboration in action to serve the residents of Simpson County.

On behalf of those who benefited from this generous donation we would like to thank Feeding America of Kentucky’s Heartland and the South Central Kentucky farmer who donated the watermelons.

RSVP Volunteer Opportunities—Immediate Need

Allen County

Allen County Historical Society

Logan County

Concerned Citizens of Logan County
Stevenson Elementary School

Warren County

Bowling Green Fire Dept.
HOTEL, INC.

Barren County

Community Medical Center
American Red Cross

Simpson County

American Red Cross
African American Heritage Center

If you would like more information about volunteer opportunities at the above sites please contact RSVP Project Director Michael Hall at [\(270\) 782-3162](tel:2707823162).

Basic Disaster Kit Items

Note: The items we are collecting below form the basis of a complete disaster preparedness kit. These items will be added to additional items provided by the recipient of the basic kit items collected through the donation period.

- Flashlight
- Radio (battery powered or hand crank; NOAA weather if possible)
- Plastic surgical gloves (may already be in first aid kit)
- First Aid Kit
- Multipurpose tool (Leatherman or similar)
- Sanitation and personal hygiene items
- Emergency blankets
- Manual can opener
- Whistle
- N95 or surgical masks
- Matches (waterproof) or in a waterproof container
- Work gloves
- Towels (hand held type)
- Duct Tape
- Scissors
- Local maps
- Basic First aid book
- Plastic sheeting
- Backpacks
- Plastic garbage bags
- Channel lock pliers (variety of brands)
- Plastic bucket w/ lid (food grade if possible for safety)

9/11 RSVP Project Update

As of November 21, 2011 monetary and item donations have been received to complete 104 Basic Disaster Preparedness Kits to be distributed to seniors in the Community Action 10 county service area.



Donations of 9/11 Items may be made at the office locations below:

Allen County

25 J.L. Turner & Son Place
 Scottsville, KY 42164
 (270) 237-4149

Hart County

509 AA Whitman Lane
 Munfordville, KY 42765
 (270) 524-0224

Simpson County

727 N Main St., Ste. 2
 Franklin, KY 42135
 (270) 586-3238

Barren County

413 Happy Valley Rd.
 Glasgow, KY 42142
 (270) 651-8171

Logan County

235 E 4th St.
 Russellville KY
 (270) 726-2459

Warren County

200 E 4th St.
 Bowling Green, KY 42101
 (270) 783-4484

Butler County

109 Ashley Plaza Circle
 Morgantown, KY 42261
 (270) 526-3735

Metcalfe County

1303 W Stockton St.
 Edmonton, KY 42129
 (270) 432-4006

or

171 Center Street
 Bowling Green, KY 42101
 (270) 782-4437

Edmonson County

108 N. Main St.
 Brownsville, KY 42210
 (270) 597-3912

Monroe County

200 N Main St., Ste. H
 Tompkinsville, KY 42167
 (270) 487-5436

OLD STYLE
SUPPER & AUCTION



benefitting the Foster Grandparent Program
 a program of Community Action of Southern Kentucky

Friday, August 12, 2011

Thanks to the many people and organizations who made our event a success:

EVENT SUPPORTERS



Ken Byrd Auction



Warren East High School



Country Oven Bakery



Houchens Industries



Chaney's Dairy Barn



Wal-Mart

The Foster Grandparent Program matches older adults with children or youth who have special or exceptional needs in schools, Head Start Programs and other child-serving agencies. A tax free stipend, transportation assistance, and monthly trainings are provided for volunteers who qualify. The program is part of Community Action of Southern Kentucky, a non-profit agency providing opportunities for individuals and families to be self-reliant throughout the 10 county area. For more information, visit www.casoky.org and or contact rchinn@casoky.org or 270-782-3162.

AUCTION DONORS

Zinaida Alikyan
American Legion Post 23
Bowling Green Hot Rods
Jerry & Barbara Bray
Candlewood Suites
Citizens First
Colton's
Corvette Museum
Crescent Bowl
D.C. Clement State Farm
Insurance

Elya Grigoryan
English, Lucas, Priest &
Owsley, LLC
Fisher Auto Parts
Ford Furniture
Chief Dale "Frog" Ford
Hilltopper Sports Mar-
keting / IMG College
Holiday World /
Splashin' Safari
King Home Care

Irene Murrell
Charity Parrish
Gwen Penrod
Pure Drug
Southern Lanes
Gayle Torrence
Tumbleweed
Turners Flowers
Dorothea Smith

EVENT VOLUNTEERS

Margaret Barber
Magan Belt
Brandon Fowler
Mike Hall

Sheila LeGrand
Pat Norrid
Jill Norris
Donna Parker

Kelly Poole
Hilda Sarver
Susan Simmons
Teresa Stevens

OTHER SUPPORTERS

Kenly Ames
Gene Birk
Norma Driver Brown

Jane Hendrick
Clifton & Lucille
Huckelby

Skip Wirth

Also our sincere thanks to everyone who bought tickets, sold tickets, or purchased auction items!



United Way
of Southern Kentucky

Senior Center News

What's Available At Your Local Senior Center

Community Action of Southern Kentucky operates at least one Senior Center in every county in our 10-county area.

Our friendly, well-trained Senior Center Managers plan and oversee activities designed to aid in the social and nutritional well-being of our community members age sixty and older.

Senior Center activities include meals, transportation to centers, recreation, necessary shopping and medical appointments, information and referral to local services and opportunities, nutrition education, health services (speakers, exercise, screenings), recreation, outreach, friendly visits and telephone reassurance, and much more.

Members of our Senior Centers must be at least 60 years of age. (Spouses are eligible, regardless of age.) There is no income requirement.

Call your local senior center to get all the details on what is going on in your area!



Pictured are (left to right) Robert Franklin, Eve LeBlanc, Charleen Klusmier, Darlene McWhorter, Naomi Jester, and Rose Suto at Community Action Warren County Senior Center. Visit your local senior center to join in the excitement of getting to know seniors like these in your own community.

Juanita Marshall Retires, Served 24 Years



Geraldine Palmer (left) presents Juanita Marshall (right) with the Kentucky Colonel Commendation.

A retirement celebration was held in honor of Juanita Marshall on October 19, 2011, at the Russellville Senior Center. A number of guests were in attendance to celebrate Juanita's 24 years of service as Community Action's Russellville Senior Center Manager.

"Juanita has touched the lives of so many people through her decades of service" says Sandi Knight, Director of Senior Services for Community Action of Southern Kentucky. "She has built a solid foundation here in Russellville. Thanks to her efforts, the seniors of this community can expect the Center to continue to serve them well for years to come."

Juanita received a citation presented by KY House of Representative Martha Jane King as well as the Commendation of Kentucky Colonel.

YOUR LOCAL SENIOR CENTERS

Allen Co.

Allen Co. Senior Center
25 J.L. Turner & Son Place, Scottsville KY 42164
270-237-3691

Barren Co.

Barren Co. Senior Center
117A Mayfield Plaza, Glasgow KY 42141
270-651-6288

Cave City Senior Center
105 Duke St., Cave City KY 42127
270-773-2800

Butler Co.

Butler Co. Senior Center
110 N Warren St., Morgantown KY 42261
270-526-5268

Edmonson Co.

Edmonson Co. Senior Center
280 Ferguson, Brownsville KY 42210
270-597-3116

Hart Co.

Hart Co. Senior Center
509AA Whitman Ln., Munfordville KY 42765
270-524-1019

Logan Co.

Russellville Senior Center
701 Day St., Russellville KY 42276
270-726-9884

Adairville Senior Center
225 School St., Adairville KY 42202
270-539-6051

Metcalf Co.

Metcalf Co. Senior Center
404 N Main St., Edmonton KY 42129
270-432-7213

Monroe Co.

Monroe Co. Senior Center
800 Capp Harlin Rd., Gamaliel KY 42140
270-487-5602

Fountain Run Nutrition Site
202 Main St., Fountain Run KY 42133
270-434-2258

Simpson Co.

Simpson Co. Senior Center
1301 Crestmore, Franklin KY 42135
270-586-9411

Warren Co.

Warren Co. Senior Center
200 E 4th St., Bowling Green KY 42101
270-783-4484



(Above) RSVP volunteers assist with the Commodities distribution at the Simpson County Senior Center Commodities Distribution.