

Common Sense Parenting



Partnering: Community Action Of Southern Kentucky & Allen County Cooperative Extension Services



Seven Session Parenting Course
Plus...
Family Nutrition Workshop

October 20–December 8



**COMMUNITY ACTION
OF SOUTHERN KENTUCKY**

FREE!!

Make A Personal Parenting Plan!
Learn to Use Behavior Charts!



Preventing Misbehavior!
Correcting problem Behaviors!
Have Self Control, and teach it to
Your Children!

Register by Oct. 6th!

270-784-4863

dclark@casoky.org



Learn Ways Help Your Child
Succeed in School!



- *Create Personalized Food Pyramid!*
- *Tips for Picky Eaters!*
- *Healthy Snacks!!*



Kids In the Kitchen,
positive reinforcement from
“What You Say Really Matters”



**COOPERATIVE
EXTENSION
SERVICE**

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College of Agriculture